

Outdoor Education Session Outline	Planned By: Felicity Rea				
Title: Spider Web (*and other various team building/problem solving games)	Topic: Team building/Problem Solving				
Key Competency: Participating and contributing Relating to others	Achievement Objectives: Level Three (changeable) Health and Physical Education: A3 Safety management • Identify risks and their causes and describe safe practices to manage these. B4 Challenges and social and cultural factors • Participate in co-operative and competitive activities and describe how cooperation and competition can affect people's behaviour and the quality of the experience.				
Learning Intention/W.A.L.T.: Work together in a team to meet a challenge and solve a problem.					
Special Features eg. cultural considerations, time required, appropriate venue... This activity needs to be completed in an area where there are two trees or posts suitably spaced apart (2-4metres) The activity itself should take 20-30minutes depending on the age group and size of the group you are working with.					
Resources: Long Rope 2 wooden posts or trees					
Assessment /What would success look like: The group should be working together towards the common goal of successfully getting all their team members through the spider web, in different holes without touching it. Ultimate success would be the children actually managing to do this but success should really relate to how well they have worked as a group, trialled and reflected upon their methods.					
<table border="1"> <thead> <tr> <th data-bbox="97 869 1062 898">Activity</th> <th data-bbox="1062 869 1517 898">Organisation/Management</th> </tr> </thead> <tbody> <tr> <td data-bbox="97 898 1062 1738"> <p style="text-align: center;">The Spider Web</p> <p>Objective: Work as a team to get all their members through a different hole of the spider web without touching the rope.</p> <p>Sequence:</p> <ol style="list-style-type: none"> 1.) Adult sets the challenge with as little 'telling' as possible. 2.) Children work together to strategise ways to overcome the challenge whilst thinking logically about implications and risks. 3.) Children trial their ideas and re-try as required. 4.) Once the children have success or time is nearly up the group should reflect on what went well, what didn't go so well and what they would do again. <p>Other activities that could be used if this activity is part of a team building rotation:</p> <ul style="list-style-type: none"> - Sheep in the pen <p>Objective: To move their whole group to a pen (rope set up at a designated height around 4 poles or tree) through communicating only by "baaaing" at each other.</p> <ul style="list-style-type: none"> - Stepping Stones <p>Objective: Using three stepping stones (fabric circles or wooden planks) to move over a 'river' (designated distance) They must all move over the stepping stones as a group, avoiding falling in!</p> <ul style="list-style-type: none"> - Human Skis <p>Objective: Move across a designated area on human skis (These need to be pre-made out of long planks of wood with rope handles)</p> </td> <td data-bbox="1062 898 1517 1738"> <p>Ropes need to be set up around two poles or trees and have a suitable number of holes for the size of the group you will be working with. The younger the children are, the bigger the holes should be. The older they get the smaller the holes. It is up to the individual running the activity as to whether the hole at the bottom of the ropes is a 'useable' one or not. If the group is struggling this may become an option.</p> <p>Note: All 'supplementary' activities can be adapted in terms of difficulty to suit the age level and ability of the groups involved.</p> </td> </tr> </tbody> </table>	Activity	Organisation/Management	<p style="text-align: center;">The Spider Web</p> <p>Objective: Work as a team to get all their members through a different hole of the spider web without touching the rope.</p> <p>Sequence:</p> <ol style="list-style-type: none"> 1.) Adult sets the challenge with as little 'telling' as possible. 2.) Children work together to strategise ways to overcome the challenge whilst thinking logically about implications and risks. 3.) Children trial their ideas and re-try as required. 4.) Once the children have success or time is nearly up the group should reflect on what went well, what didn't go so well and what they would do again. <p>Other activities that could be used if this activity is part of a team building rotation:</p> <ul style="list-style-type: none"> - Sheep in the pen <p>Objective: To move their whole group to a pen (rope set up at a designated height around 4 poles or tree) through communicating only by "baaaing" at each other.</p> <ul style="list-style-type: none"> - Stepping Stones <p>Objective: Using three stepping stones (fabric circles or wooden planks) to move over a 'river' (designated distance) They must all move over the stepping stones as a group, avoiding falling in!</p> <ul style="list-style-type: none"> - Human Skis <p>Objective: Move across a designated area on human skis (These need to be pre-made out of long planks of wood with rope handles)</p>	<p>Ropes need to be set up around two poles or trees and have a suitable number of holes for the size of the group you will be working with. The younger the children are, the bigger the holes should be. The older they get the smaller the holes. It is up to the individual running the activity as to whether the hole at the bottom of the ropes is a 'useable' one or not. If the group is struggling this may become an option.</p> <p>Note: All 'supplementary' activities can be adapted in terms of difficulty to suit the age level and ability of the groups involved.</p>	
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Risk Management:/People, Environment, Equipment. The risk involved in this main activity will depend on the strategies the children use to get their team mates through the web. Injury due to the way children hold and balance each other and themselves may occur due to a slip, drop or fall. Ensure there are adults present at the activity to potentially catch, or treat any injuries that may occur. There must be a first aid kit available to treat minor scrapes or knocks and children need to be briefed on how to lift without a situation becoming unsafe. For younger children adults may help do the lifting as required. Prior to setting up the activity, check the ground on both sides for obvious hazards.					
Poor Weather Alternative: If unable to complete this activity outdoors you could use one of the other activities listed above; sheep in the pen, human skis or stepping stones indoors.					